

ISE I Reading and writing exam

Questions 16-20 video transcript

00.06 Hello, I'm Tom Ottway and I offer academic support for Trinity. I'm going to help you prepare for the ISE I exams.

00.16 Right now, we'll be looking at the Multi-text reading, task 2. Questions 16-20.

00.26 In this section there are 4 short texts for you to read and some questions for you to answer. So for questions 16-20, read those questions first and then read texts A, B, C and D below the questions. As you read each text, decide which text each question refers to. Choose one letter A, B, C or D and write it on the lines below. You can use any letter more than once.

01.04 So, for example, questions 16 says: 'Which text says how often to do different types of exercise?' So you would need to underline or circle 'how often' and 'different types of exercise' and then when you read the texts you can look for those key words.

01.32 So now I want you to pause the video and give yourself about five to ten minutes to read the questions and the texts and answer the questions. Remember, you can always pause and rewind and play this video as often as you like. Good luck

01.55 OK, I hope that went well. You can now see the answers on the page. You can also see some colours. The purple colour shows the topic sentence or the information with the key or story or purpose of the text. And the blue shows the answers and also supporting information in the text which helps us to get the answers right. Let's have a look at the answers in more detail.

02.43 Questions 16: 'Which text says how often to do different types of exercise?'

02.51 Well the answer is D. And hopefully you can see straight away there are these headings here that say '2-3 times a week', '3-5 times a week', 'Every day'. So that is quite an easy one that you should spot quite quickly.

03.18 Question 17: 'Which text says that spending energy can give you more energy?'

03.24 So the key words here are 'spending' and 'energy'. The answer was A. If you again let your eyes relax and move to the word you will find it. So we can see the sentence here and we'll just read the whole thing: 'you might feel too tired to exercise but regular exercise will make you feel less tired and you'll have more energy.'

03.53 Number 18: 'Which text suggests a connection between (two things) performance at school and exercise?'

04.06 So the key word here is 'school'. We can look down here and we see in text B, the word 'high school'. Let's read that sentence carefully: 'research has found that high school students scored better on difficult tasks after doing 10 minutes of a complicated fitness routine'. Again, even if you don't understand all the words, you can probably find the answer here. So that's B.

04.42 Number 19: 'Which text advises people to limit certain activities?'

04.51 So 'limit' means reduce or do less of. Certain here meaning particular activities.

05.02 So the answer was D. Again notice how this is very easy to read, it's very short and we've got 2 answers, 16 and 19 are D. The key word here is: 'avoid' long hours on TV or computer

05.24 Even if you don't know the word avoid, you can probably see that long hours on a TV or computer are not very good, they give you the least exercise, but every day, we can see, 'be active in as many ways as possible'. So the answer there is D.

05.48 And finally, number 20: 'Which text recommends exercise as a sociable activity?'

05.58 So, the answer here is C. You need to know the word sociable which means being friendly, meeting other people, going out. And the sentence there is blue 'it's a great way to meet people or enjoy free time with friends and family. '

06.18 OK I hope that went well. So to conclude, what have we done in this tutorial?

06.25 We've looked at how it's important to read the questions first very carefully and look for key words.

06.33 We have then read the four texts quite quickly also noticing which texts are easy to spot so Text D was a triangle diagram it was very easy to read so it's worth spending time on that one.

06.54 And also identify what kind of text we've got here and try and find the quickest way to answer the questions. When we find the key words, remember you read that area very carefully. And find the key word in the text as well. Well done.